



### **Bobsleigh CANADA Skeleton**

Bobsleigh CANADA Skeleton (BCS) is the national governing body for the sports of bobsleigh and skeleton in Canada and we're here to create, nurture and support World and Olympic champions, period! BCS will lead our entire Canadian community in the pursuit of becoming and sustaining the mantle of the leading bobsleigh and skeleton nation in the world. BCS directly will endeavor to do this by focusing on four critical areas: programs, process, people and planning. These four areas will provide the cornerstones to all strategic directions and initiatives. A hallmark of the BCS future is that it will be recognized as a performance-based culture, with a supporting performance management mindset.

### **History of the Sport**

Montrealers may have pointed toboggans downhill on the famous Tuque Bleue slide in the 1870s, but it was the Swiss who later attached a steering mechanism to the toboggan and gave birth to the sport of Bobsleigh. In 1897 the world's first Bobsleigh club was founded in St. Moritz, Switzerland. By 1914 more than 100 natural-ice courses of varying degrees of sophistication could be found at winter resorts throughout alpine Europe.

### **Frequently Asked Questions**

Bobsleigh teams consist of a brakeman and a pilot in the two-man/women event and a brakeman, two crewmen and a pilot in the four-man.

Bobsleigh athletes will travel at speeds near 150 km per hour with 5 G's of force on some of the corners. Skeleton athletes will travel at speeds near 130 km per hour headfirst!

### **Canadian Team Performance**

Although Bobsleigh was one of the original sports at the first Winter Olympic Games in 1924; it wasn't until the late 1950's that Canadian bobsledders began competing internationally. At the 1964 Winter Games in Innsbruck, Austria, a Canadian team led by Vic Emery won the gold medal in the four-man event in what one Canadian coach of that era called "the biggest upset in Olympic Bobsleigh history." Today, bobsleigh and skeleton have become one of the most successful Canadian winter sports over the past 20 years. We've amassed nearly 200 medals at the Olympics, World Cups and World Championships in the last 10 years, with 8 medals combined at the last two Olympic Games. Vic Emery and Pierre Lueders brought the world's attention to our Canadian program; Kaillie Humphries, Lyndon Rush, Helen Upperton, Mellisa Hollingsworth, and Jon Montgomery are our future.



### Bobsleigh CANADA Skeleton Olympic Honour Roll

<b>YEAR</b>	<b>SPORT</b>	<b>ATHLETE</b>	<b>MEDAL</b>
<b>2014</b>	<b>2-Man Bobsleigh</b>	<b>Kaillie Humphries/Heather Moyse</b>	<b>Gold</b>
<b>2010</b>	<b>Skeleton</b>	<b>Jon Montgomery</b>	<b>Gold</b>
<b>2010</b>	<b>2-Man Bobsleigh</b>	<b>Kaillie Humphries/Heather Moyse</b>	<b>Gold</b>
<b>2010</b>	<b>2-Man Bobsleigh</b>	<b>Helen Upperton/Shelley-Ann Brown</b>	<b>Silver</b>
<b>2010</b>	<b>4-Man Bobsleigh</b>	<b>Lyndon Rush/Lascalles Brown/Chris LeBihan/David Bissett</b>	<b>Bronze</b>
<b>2006</b>	<b>Skeleton</b>	<b>Duff Gibson</b>	<b>Gold</b>
<b>2006</b>	<b>Skeleton</b>	<b>Jeff Pain</b>	<b>Silver</b>
<b>2006</b>	<b>Skeleton</b>	<b>Mellisa Hollingsworth</b>	<b>Bronze</b>
<b>2006</b>	<b>2-Man Bobsleigh</b>	<b>Pierre Lueders/Lascalles Brown</b>	<b>Silver</b>
<b>1998</b>	<b>2-Man Bobsleigh</b>	<b>Pierre Lueders/David McEachern</b>	<b>Gold</b>
<b>1964</b>	<b>4-Man Bobsleigh</b>	<b>Vic Emery, John Emery, Peter Kirby and Doug Anakin</b>	<b>Gold</b>

### FIBT 2014-2015 Events

World Cup #1	Lake Placid, NY	December 8-12 2014
World Cup #2	Calgary, AB	December 15-21, 2014
World Cup #3	Altenberg, GER	January 5-11, 2015
World Cup #4	Konigssee, GER	January 12-18 2015
World Cup #5	St Moritz, SUI	January 19-25 2015
World Cup #6	La Plagne, FR	January 26 – February 1, 2015
World Cup #7	Igls, AUT	February 2-8, 2015
World Cup #8	Sochi, RUS	February 9-15, 2015
World Championships	Winterberg, GER	February 23- March 8, 2015